

# UNPLUG!

A FREE re-energizing family afternoon!




LEXINGTON  
RECREATION &  
COMMUNITY  
PROGRAMS

**YAMAHA**  
YAMAHA MUSIC SCHOOL  
of BOSTON



**PINOT'S  
PALETTE**

**SATURDAY, FEBRUARY 10**  
**2:00 – 4:30 PM**  
**LEXINGTON COMMUNITY CENTER**

Celebrate creativity and well-being together with painting, music, story hour and yoga for ages 5–14 and adults! For more information visit [www.LexEdFoundation.org/lef-events/unplug](http://www.LexEdFoundation.org/lef-events/unplug) or Lexington Education Foundation on Facebook. 

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**BarberShop**



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# Lexington Community Invited to Unplug!

## A Re-energizing Family Afternoon

After the success of the first Unplug! event last year, and at the community's request, the Lexington Education Foundation and Lexington Recreation and Community Programs are partnering once again to bring Unplug! to the community on Saturday, February 10 from 2:00 to 4:30 PM at the Lexington Community Center.

Unplug! A Re-energizing Family Afternoon is a free interactive and participative event that offers creativity, relaxation and fun without the use of technology. This year's event offers four activities: yoga, painting, music lessons (guitar and piano) and story time. Adults and kids may attend activities together or separately to suit their particular interests. All events run in parallel in 25-minute slots so participants can take part in all four activities for a truly "unplugged" afternoon.

"Unplug! started as part of LEF's endeavor to bring meaningful events



to the community, especially in the winter months when activities are limited and both parents and kids seek opportunities to get out of the house," said Vineeta Kumar, one of the event organizers. "This event was conceived to provide that opportunity in a fun and creative way. We at LEF were overwhelmed by the community's response last year and are excited to organize the event again."

"We hope families will take advantage of this opportunity to play, relax and re-energize together," said event co-organizer Muge Erkan. "UnPlug! provides an opportunity for the community to celebrate creativity and well-being right here in town." There will be door prizes and light refreshments.



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